



Testimony to House Health and Human Services on House Bill 2390

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Chair Landwehr and members of the Committee, my name is Kyle Kessler. I am the Executive Director for the Association of Community Mental Health Centers of Kansas, Inc. The Association represents the 26 licensed Community Mental Health Centers (CMHCs) in Kansas that provide behavioral health services in all 105 counties, 24-hours a day, seven days a week. In Kansas, CMHCs are the local Mental Health Authorities coordinating the delivery of publicly funded community-based mental health services. As part of licensing regulations, CMHCs are required to provide services to all Kansans needing them, regardless of their ability to pay. This makes the community mental health system the “safety net” for Kansans with behavioral health needs.

We appreciate the opportunity to testify in support of HB 2390.

As we have all seen in the news over the last couple of years, deaths related to synthetic opioids, including fentanyl, continue to rise. In 2021, they hit an all-time high after rising 23% over 2020. They’re expected to climb again in 2022.

We support the creation of the Kansas Overdose Fatality Review Board and welcome the opportunity to work closely with them to help develop evidence-based strategies to reduce overdose deaths. The majority of CMHCs provide some level of substance use disorder treatment, and with the transition to the Certified Community Behavioral Health Clinic model, 100 percent of clinics will provide outpatient substance use disorder treatment, including Medication Assisted Treatment (MAT), a highly effective substance use treatment that combines the use of medications with cognitive and behavioral therapies. We appreciate the inclusion of a Kansas-licensed mental health and substance use disorder treatment provider as a member of the council. As the collective expertise in this area continues to grow within our system, we would appreciate the opportunity to provide input on a qualified individual to fill that position.

We frequently hear stories about people accidentally overdosing, thinking they were taking one drug, when in fact it was fentanyl or another synthetic opioid. Many of these deaths are accidental and preventable. According to the National Institute on Drug Abuse, fentanyl is 50 to 100 times more powerful than morphine. Fentanyl and its numerous derivatives, or analogs, can be so powerful that a fatal dose may be invisible to the human eye. The good news is that there are options, including fentanyl test strips that have been shown effective in detecting traces of fentanyl and fentanyl analogs in drug samples. These strips can typically provide results in less than five minutes, and you can even buy them online from Amazon.

People already have such ready access to these strips, and they’ve been proven to help

individuals avoid accidental fentanyl or fentanyl analog ingestion. They shouldn't be treated as drug paraphernalia, and this is one of the things we can do as a state to make an impact on this epidemic.

In summary, we believe that prevention should be a key component of the behavioral health strategy for our state, and HB 2390 is at its core prevention oriented.

Thank you for the opportunity to submit this written testimony.