



Arista Recovery at Kansas

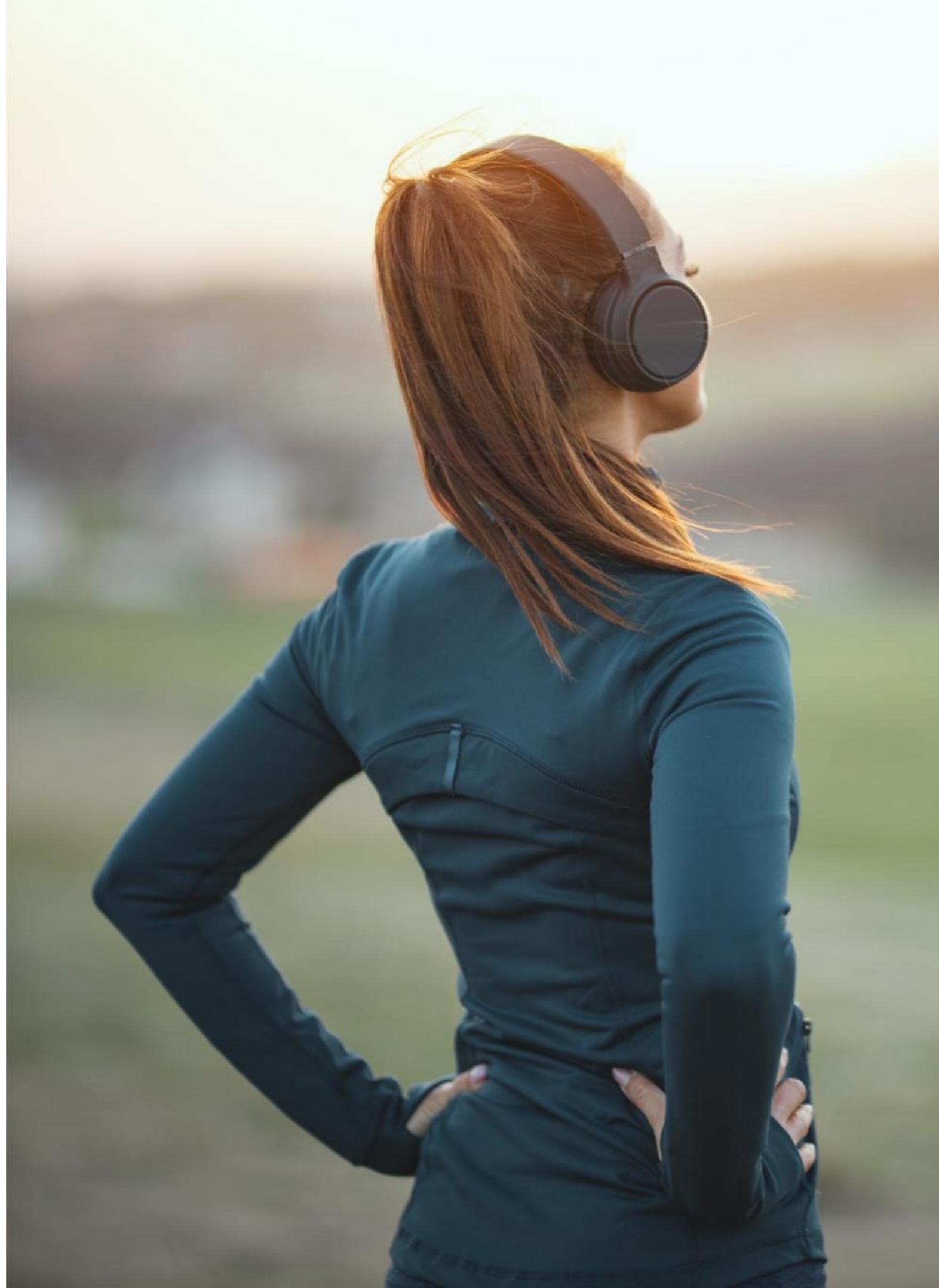


ARISTA RECOVERY

Mission Statement

Our mission is to promote healing, inspire hope, and dignify receiving support for individuals and families impacted by substance use and co-occurring issues.

WE PROVIDE A BEST IN CLASS INTEGRATED MODEL OF CARE TO ENCOMPASS THE WHOLE PERSON.

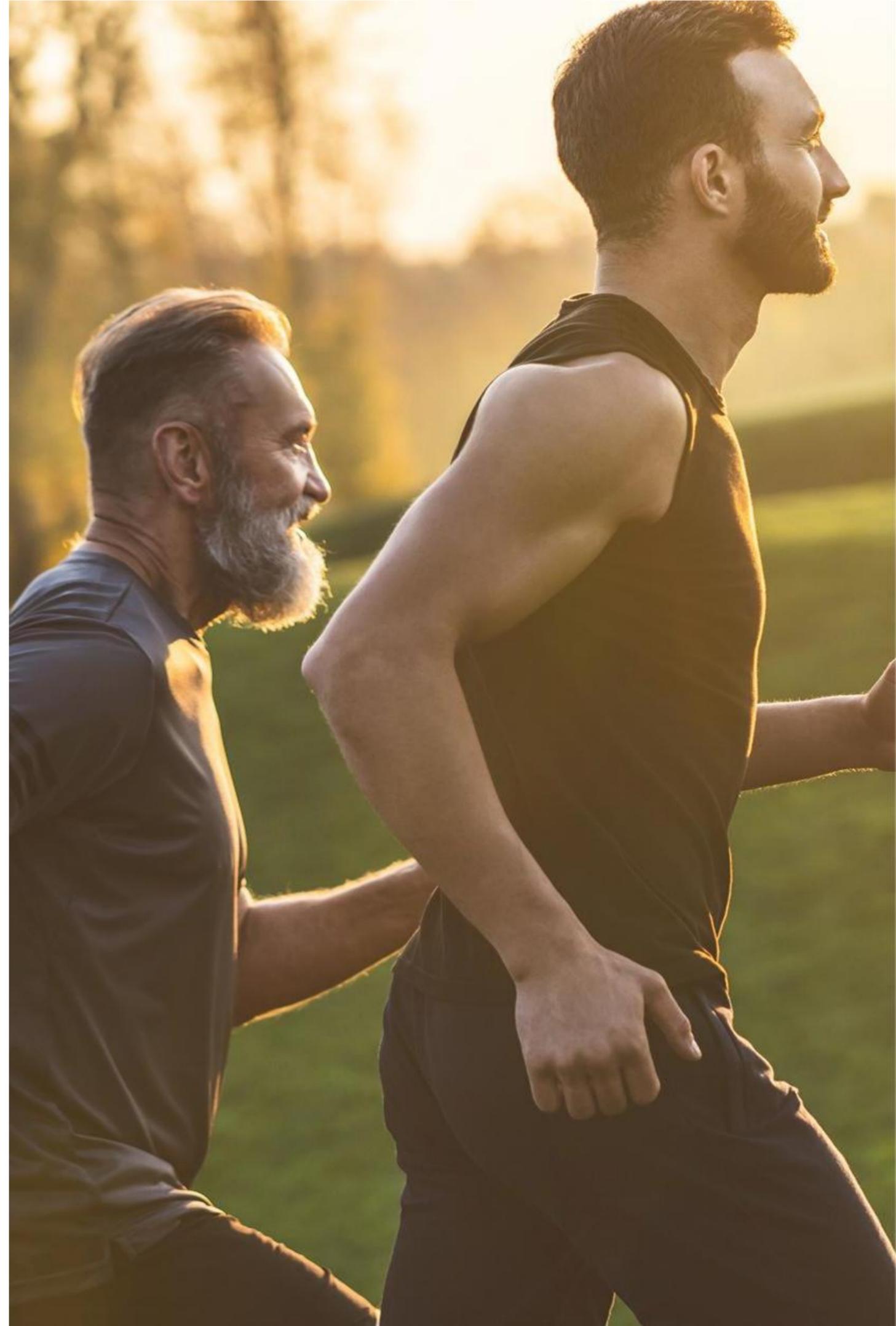


Synergistic Recovery Program (SRP)

Synergistic Recovery Program (SRP) incorporates a biopsychosocial model to treat all aspects of addiction. It is an innovative program that applies a client-centered and strengths-based approach to addiction recovery.

BIOLOGICAL + PSYCHOLOGICAL + SOCIAL

This comprehensive approach reinforces the strength, capabilities, and resilience of clients. By having clients engage in movement and increase their heart rate, we are able to make more emotional connections which in turn allow clients to be more open and honest in therapy sessions.



Treatment Options



MEDICAL DETOX

Detoxing can be difficult, even life threatening, it is recommended to undergo this process in an inpatient setting under medical supervision. Located at Arista Recovery at Paola



RESIDENTIAL TREATMENT

Arista Recovery's residential program provides best in class therapies and services on our 38-acre serene property located just outside Kansas City at Arista Recovery at Paola.



CO-OCCURRING TREATMENT

It is not uncommon for individuals recovering from alcohol and drug use substance to have a mental health diagnosis. Located at both Arista Recovery at Paola and Arista Recovery at Overland Park.

Treatment Options



FAMILY PROGRAMS

Arista Recovery offers a family program to help loved ones of our guests on the road to recovery. Located at both Arista Recovery at Paola and Arista Recovery at Overland Park.



OUTPATIENT TREATMENT

Outpatient treatment programs offer flexible treatment options and schedules both day and evening, five days a week. Located at Arista Recovery at Overland Park.



MAT

MAT is the use of medication in combination with evidence-based addiction therapy. Offered at both Arista Recovery at Paola and Arista Recovery at Overland Park

Types of Therapy



01.

HORTICULTURE THERAPY

Horticultural therapy uses gardening to provide both physical and emotional benefits. Horticultural therapy as a form of addiction therapy uses plants as a way to improve mental health.

03.

ART THERAPY

Art therapy is used to improve cognitive and sensorimotor functions, foster self-esteem and self-awareness, cultivate emotional resilience, promote insight, enhance social skills, reduce and resolve conflicts and distress.

02.

EQUINE THERAPY

Equine therapy is effective in treating addiction, as clients create useful relationship building techniques. Clients are able to work with and care for horses to establish a sense of accomplishment.

04.

SAND TRAY THERAPY

We offer sand tray therapy and sand tray immersion therapy as a creative way to for our guests to express an understanding of themselves, their world, and aspects of their reality through figurines or miniatures.

Types of Therapy



05.

PSYCHODRAMA THERAPY

During psychodrama sessions, therapists guide clients through reenactments or specific past experiences. This gives the group the chance to recognize problems and express feelings in a way they otherwise may not.

07.

INDIVIDUAL THERAPY

Individual therapy with clinical professionals allows for more open and honest communication in a safe environment, so our clients feel more comfortable.

06.

FAMILY THERAPY

Family therapy focuses on repairing relationships. We teach our clients and their families skills on how to cope with addiction and how family members can support their loved one through recovery.

08.

CBT, DBT, MI, EMDR

When clients understand why they feel or act a certain way, they are more equipped to tackle their addiction.

What we offer in Kansas



- Individual 1:1 Therapy Sessions
- Evidence Based Modalities (CBT, DBT, MI, EMDR)
- Psychodrama Therapy
- Family Program
- Psychiatric Services
- Equine Therapy
- Art Therapy
- Horticulture Therapy
- Greenhouse and Garden Beds
- Recreation Rooms
- TV and Lounge Areas
- Spacious Double Occupancy Rooms w/ Private Bathroom
- Sand Tray Therapy Room
- Experiential Therapy
- Movie Theater
- Synergistic Recovery Program (SRP)
- Dietitian and Nutritionist Prepared Whole Food Meal Plans
- Hiking
- Yoga
- Alumni Program
- Educational Groups
- Comprehensive Discharge Planning
- Medication Assisted Treatment (MAT)
- Medical and Clinical Assessments
- Outdoor Low Ropes Course (Coming Soon)
- State of The Art Fitness Center
- Off Site Activities
- Multiple Pathways to include but not limited to 12 Steps, SMART Recovery, Celebrate Recovery, Refuge Recovery
- 24/7 Admissions
- Transportation Services

Meet the Leadership Team



**Sarah
Workowich, RN**

Nursing Supervisor



Rohit Saha, MD

*Associate Medical
Director*



Bryan Goin, LSCSW

Clinical Director



Lynn Ford, PMHNP

APRN

Meet the Leadership Team



Daniel Jacob

Co-Owner/ CEO



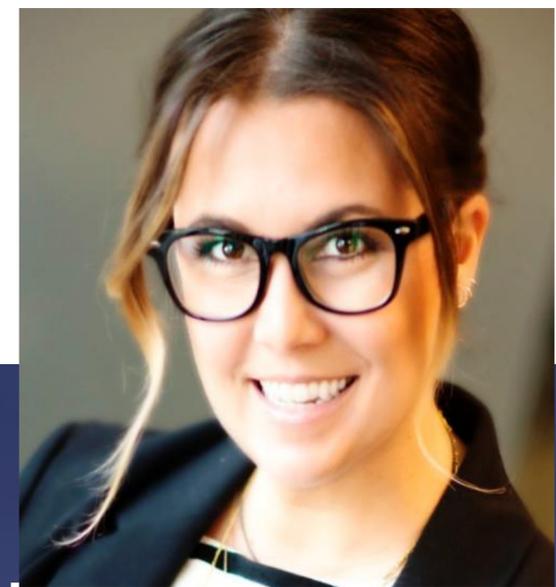
**Robert Olivarez,
LMSW**

VP of Operations



Krista Kornock

*National Clinical
Director*



Jessica Schmitz

*Director of Business
Development*

Robert Olivarez, LMSW



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520.429.6743



Admissions

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Thank You.

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