

ABOUT CDDOs

The Johnson County Community Developmental Disabilities Organization (CDDO) is the single point of entry for individuals and families to obtain services through the intellectual and developmental disability (IDD) system in Johnson County, Kansas.

The CDDO determines whether an individual qualifies for services and works with the individual, family or guardian in choosing from an array of service options, as well as referring individuals to other community resources if additional supports are needed.

ABOUT MENTAL HEALTH

Johnson County Mental Health Center (JCMHC) offers a wide range of behavioral health and substance use disorder services to Johnson County residents. The Mental Health Center serves as a safety net for individuals with the most severe forms of mental illness, including those who are unable to afford or access care elsewhere in the community. If JCMHC is not the appropriate provider, they will assist with finding resources in the community that can better meet the individual's needs.

Like physical illnesses, mental illness shows itself in a variety of ways. Depending on the situation's seriousness, a variety of treatment options are available. JCMHC provides services throughout the county with highly trained and compassionate professionals.

ACCESSING SERVICES

To access services with CBHT, individuals must have been found eligible for IDD services through the Johnson County CDDO and be eligible for mental health services through Johnson County Mental Health Center.

To begin the application process for IDD eligibility, contact the Johnson County CDDO at (913) 826-2600.

To obtain mental health services, Open Access is available M-F from 9 a.m. to 2 p.m. on a walk-in basis at the following locations:

Olathe Office	1125 W. Spruce St.
Shawnee Office	6440 Nieman Rd.

For additional information on mental health services, please call Johnson County Mental Health Center at (913) 826-4200.

For additional information on CBHT services, please call CBHT Manager Carla Sadler at (913) 826-2516.

For immediate crisis needs, please call Johnson County Mental Health Center's crisis line at (913) 268-0156. Help is available 24 hours a day, 7 days a week.

CONNECT

Social Media

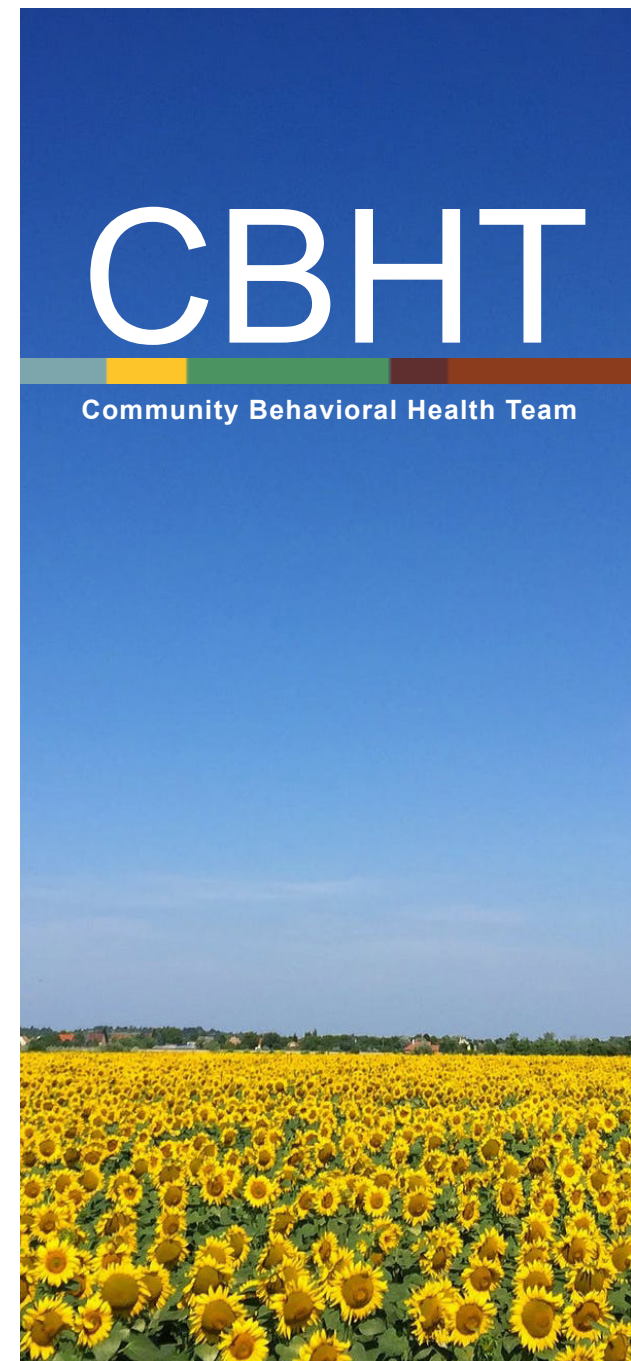
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Websites

jocogov.org/cddo

jocogov.org/dept/mental-health



JOHNSON COUNTY
KANSAS
Developmental Supports &
Mental Health

WHAT IS CBHT?

CBHT is a cross-functional team that provides positive behavioral supports to individuals with intellectual and developmental disabilities who also have a co-occurring mental health diagnosis.

Behavioral Health staff provide case management and therapy services. They work one-on-one with the individual and their circles of support to identify, secure, and sustain resources needed to attend school and live, work and participate as fully integrated members of their community. Staff address mental health and developmental barriers that interfere with daily living, teach coping skills and increase social skills needed to develop healthy relationships. Both individual and family therapy is available through CBHT.

WHERE ARE SERVICES PROVIDED?

Most services are offered in the community where the individual lives, works, attends school, receives day or residential services and socializes.

CRITERIA TO RECEIVE CBHT SERVICES

- Live in Johnson County and be five years of age or older
- Qualify for intellectual and developmental disability (IDD) services through the CDDO
- Have a co-occurring mental health diagnosis
- Qualify for treatment through Johnson County Mental Health Center



Examples of what a Behavioral Health Specialist might do:

- Explore recreational and socialization opportunities available in the community
- Teach skills necessary for successful relationships
- Identify and implement strategies with the individual and their supports to increase success at school and work
- Address mental health barriers to developing independent living skills
- Develop Positive Behavior Support (PBS) and behavior management strategies

POSITIVE BEHAVIOR SUPPORTS (PBS)

PBS is designed to be a short-term, intensive service to teach individuals, families and support team members alternative response strategies, interventions and replacement behaviors intended to decrease problem behaviors.

- Initial stages involve observation, data collection, assessment of behavior and person-centered planning
- Interventions will follow assessment period
- Appointments will occur frequently in the beginning of this process and will decrease over time

Additional appointments will be scheduled following intervention implementation to assess progress and confirm fidelity. These appointments will occur in addition to CBHT case management and counseling services.



We aspire to build a community that promotes, supports and embraces people of all abilities.