

Survey of Adult Kratom Users in the U.S.

Provides Insight Into Potential for Harm or Abuse

2,798 kratom users

WHO:



84% at least some college
40 years old on average

61% are women



WHY:



91% pain relief
67% treat anxiety
64% treat depression
41% treat opioid dependence¹



Of those treating opioid dependence:

87% reported relief from withdrawal symptoms
35% were free from opioids >1 year



SIDE EFFECTS:



19% mild
1.9% serious²
9.5% withdrawal



<10% met criteria for mild kratom substance use disorder
<3% met criteria for moderate or severe kratom substance use disorder



1. many people reported multiple reasons for use
2. including symptoms like anxiety, irritability, depression and insomnia



JOHNS HOPKINS
MEDICINE