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HOUSE OF REPRESENTATIVES

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January 14, 2021

**CHRISTINA HASWOOD, MPH**  
10TH DISTRICT

**Federal and State Affairs Committee**  
**Representative John Baker, Chairman**

Mr. Chairman and Members of the Committee:

In my background of Public Health we were taught both the seven public health ethics principles and clinical ethics in our undergraduate curriculum. A few of those principles include respect for people and their personal liberty. Now I can give you all free public health 101 courses all day but I want to share why I as a young woman, must stand up to and speak up to you all today.

I am a Native American from HD 10 where I was raised my entire life. I have gotten my medical care from the Indian Health Services (IHS) at Haskell Health Center my entire life. Before I went to college, my mother educated me on the values of contraception. From there on out, I met with my gynecologist yearly and was comfortable with my contraception method.

After graduating from Lawrence High School, I attended Haskell Indian Nations University and then transferred to Arizona State University to study public health. I made the confirmations with my gynecologist and pharmacist at Haskell IHS for having my contraception mailed to me. When I received my first mailed prescription, I noticed there was a multivitamin bottle. I figured it was a mistake and tossed it. I did not agree or was asked by the gynecologist if I wanted a multivitamin mailed to me. This continued to happen throughout the year until I finally went back to Kansas for a break and visited my gynecologist in person. I asked her why there was a multivitamin along with my contraception and she said it's because I was at "child bearing age". I was about 22 years old when this happened.

My experience shows my reproductive rights and bodily autonomy being violated without my consent. I had no say in this health decision. What happened to me is not right and I do not want that to happen to others. We, the people with uterus, should have the power to choose what we can and cannot do to our bodies, without the government limiting our rights.

I ask that the members of the committee vote no to HCR 5003 to stop this governmental overreach and let these important decisions of a women's body be made by them, their health care professionals, and the Creator.

Best,

Representative Christina Haswood, MPH