Kansas City Sports Medicine

Sports Medicine & Arthroscopy

So, KS Olathe, KS Lansing, KS Kansas City, KS/MO

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Lenexa, KS 66227

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January 30, 2017

Dear Kansas Legislature,

My name is Prem Parmar, M.D. I am a diplomat of the American Board of Orthopedic Surgery. I have been a practicing medical doctor since 1994. My current practice is a busy orthopedic practice performing surgeries on a regular basis on shoulders, knees, elbows, wrists, etc. A significant portion of my practice consists of providing authorized medical care in workers' compensation cases for workers who were injured on the job in the State of Kansas. Employers/insurance companies rely on my opinions regarding causation, treatment recommendations, restrictions and the appropriate level of permanent impairment.

For many years, I have provided impairment ratings in my Kansas workers' compensation cases utilizing the American Medical Association Guides to the Evaluation of Permanent Impairment Fourth Edition. Since a Kansas legislative mandate in 2015, I have been using the American Medical Association Guides to the Evaluation of Permanent Impairment Sixth Edition. There are many differences between the AMA Guides 6th Edition and the AMA Guides 4th Edition. Other than the AMA Guides 6th Edition being much longer and more difficult to use, the overall percentage of impairments have been arbitrarily lowered to an unreasonable level.

In my specialty of practice, upper and lower extremities, the assigned impairment under the AMA Guides 6th Edition is significantly lower than the impairment which would have been assigned pursuant to the AMA Guides 4th Edition. In some cases, the AMA Guides 6th Edition provides for no recovery whatsoever, even though the injured worker has a documented physical injury, documented structural damage, a significant surgical procedure performed, loss of function, loss of strength and loss of motion. In my opinion, as a practicing physician, one who is primarily used by employers and insurance companies, this is unconscionable. The AMA Guides 6th Edition, with its arbitrarily lowered impairment ratings, provides injured workers with an inadequate remedy at best and, in some instances, no remedy at all. It has essentially put handcuffs on the treating physician with respect to the impairment rating.

I have to believe that when the Kansas Legislature enacted this change, they did not consult with trained medical professionals who are actually practicing in the area of Kansas workers' compensation. If they had, I do not believe a well-meaning and intelligent body of elected individuals would have changed from the AMA Guides 4th Edition to the AMA Guides 6th Edition.

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I implore all elected Kansas Legislators who have the power to rectify this injustice to do so in a timely mater.

Respectfully,

PREM PARMAR, M.D., FRCSC

CURRICULUM VITAE

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Date of Birth: August 31, 1969 Birth Place: Jabalpur, India

Citizenship: Canadian

Languages: English, French, and Hindi

CURRENT PRACTICE

- 1) January 2004 present: Sports Medicine and Arthroscopy, Kansas City Sports Medicine 9711 Sunset Circle, Lenexa KS, 66220 (formerly Mid America Bone & Joint, 20805 151st St Suite #224, Olathe KS, 66220)
- 2) August 2000 December 31 2003: Junior Partner, Sports Medicine and Arthroscopy Orthopaedic Professional Association, 8919 Parallel Parkway Suite 270, Kansas City, Kansas, 66112

EDUCATION

Fellowships:

- 1) July October 2002 Shoulder arthroscopy Fellow, University of Toronto, Toronto, Canada. Department of Orthopaedics. Supervisor Dr Richard Holtby
- July 1999- June 2000 Sports Medicine and Arthroscopy Fellow, University of Ottawa, Canada. Division of Orthopaedics.
 Supervisor Dr D.H Johnson MD, FRCS(C)

Residency:

July 1994-June 1999: University of Ottawa, Division of Orthopaedics

Undergraduate Medical Education:

1990-1994: University of Ottawa School of Medicine M.D. obtained May 1994

Awards:

- 1) 1998 Collins Day, Dept of Surgery Research Award
- 2) 1998 Dept of Orthopaedics Resident Day Research Award
- 3) 1996 Paediatric Resident Research Day Award Jr Resident
- 4) Bronze Medallist for Third Year Medical School 1993

Undergraduate Education:

1. September 1988-May 1990: University of Ottawa, Biology

RESEARCH

Publications:

1. P. Parmar, M. Letts, and J. Jarvis: Water Tubing Injuries Sustained in the Paediatric Population. J. Paediatric Orthopaedics, 18:49-53, Jan-Feb 1998

Presentations:

- Podium Presentation, 2001 Asian Pacific Orthopaedic Association 13th Triennial Congress, Adelaide Australia. Poster presentation, 1999 International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine, Washington D.C.
- 2. Poster presentation, 2001 International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine, Montreux Switzerland.
- 3. Podium Presentation, 2000 Arthroscopy Association of North America, Miami Can The ACL Heal?
- 4. Podium presentation, 1999 Arthroscopy Association of North America, Vancouver Canada

<u>Compliance of The Anterior Cruciate Ligament Graft: Patellar Tendon Vs Semitendinosus Autograft</u>

4. Poster presentation, 1999 International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine, Washington D.C. <u>Compliance of The Anterior Cruciate Ligament Graft: Patellar Tendon Vs Semitendinosus Autograft</u>

- 5. Poster presentation at 1996 Canadian Orthopaedic Association in Quebec City Water Tubing Injuries Sustained in the Paediatric Population
- 7. Poster presentation, 1997 American Academy of Orthopaedic Surgeons, San Francisco Water Tubing Injuries Sustained in the Paediatric Population

Research Projects:

1 <u>Water Tubing Injuries Sustained In the The Paediatric Population,</u> Children's Hospital of Eastern Ontario January 1995- April 1996 Supervisor: Dr. M. Letts, J. Jarvis

2 <u>Compliance of The Anterior Cruciate Ligament Graft: Patellar Tendon Vs</u> Semitendinosus Autograft

Ottawa Hospital, Ottawa, Canada 1997-1998 Supervisor: Dr. DH Johnson, G.F. Dervin

3 <u>Can The ACL Heal?</u>
Ottawa Hospital, Ottawa, Canada 1997-1998
Supervisor: Dr. DH Johnson, G.F. Dervin, R Wilkinson

MEMBERSHIPS / AFFILIATIONS

- 1. Fellow of the Royal College of Surgeons of Canada
- 2. College of Physicians and Surgeons of Ontario
- 3. Ontario Medical Association
- 4. Candidate Member AAOS
- 5. Kansas State Board of Healing Arts
- 6. Associate Member Arthroscopy Association of North America
- 7. Diplomat American Board of Orthopaedic Surgery