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"A Branch of the American Counseling Association"

Testimony on SB 449
On Behalf of the Kansas Counseling Association
A Branch of the American Counseling Association
February 15, 2016

Members of the Senate Public Health and Welfare Committee.

This letter is being written on behalf of the members of the Kansas Counseling Association (KCA). The KCA represents professional counselors throughout the State of Kansas serving in various professional settings. As a branch of the American Counseling Association (ACA), KCA is committed to the ethical practice of training competent counselors as prescribed by the 2014 ACA code of ethics. Supervision ensures that professional counselors have the skills, disposition, and knowledge necessary to adequately treat their clients. Training and continuing education for supervisors are considered best practices by the Association for Counselor Education and Supervision (ACES), a division of ACA representing counselor educators and supervisors throughout the United States.

Supervision is considered to be a vital component of the counselor development process and a function that has a significant impact on the welfare of clients served by professional counselors (ACA, 2014). It is widely accepted that competent supervisory practices encourage the development of competent counselors by increasing counselor self-efficacy and mastery of counseling skills (Kozina, Grabovari, Stefano, and Drapeau, 2010). The ACA specifically addresses the requirements for counselor supervision, stating that before any counselor can provide supervision, they must receive training in supervisory methods and techniques. Counselors acting as supervisors are required to pursue continuing education opportunities to remain current on issues and skills pertinent to supervision. Supervisors have the responsibility of evaluating the fitness of their supervisees to enter and continue in the practice of professional counseling.

McMahon and Simons (2004) found that it is unlikely that professional counselors will receive training on being a supervisor prior to entering the field, creating an ethical dilemma for counselor supervisors in Kansas. SB 449 will ensure that professional counselors who desire to engage in the provision of supervision will have the ability to adequately and ethically monitor and develop the counselors with whom they work. This legislation will also place Kansas among other states that already require training prior to engaging in the practice of supervision. We respectfully request that you support SB 449 for these reasons. Furthermore, KCA would be happy to partner with other organizations and institutions to help provide training for counselor supervisors should this legislation be enacted.

Respectfully submitted,

Kris Burkholder KCA President Andrew Secor KCA Legislative and Advocacy Chair

The Kansas Counseling Association will not knowingly engage in activities that discriminate on the basis of race, color, religion, national origin, sexual orientation, disability or age.