

Health and Human Services Committee

UnitedHealthcare Community Plan

February 11, 2015



Patient Centered Care

A Holistic Approach to Care:



Driven by:



***Provider
Collaboration***



Member Engagement



***Data, Analytics
and Technology***

Pharmacy Utilization Facts

Calendar Year 2014



Mental health medications and age:

- 479 children under the age of 6 (outside of FDA approved age limits)
- 50 members over the age of 70 (potential member safety issue)
- Approximately \$2.9M in annual spend

Total spend on mental health prescriptions for members without a matching diagnosis: \$4.5M

Mental health prescriptions for greater than recommended dosing:

Scripts Filled in 2014 for Greater than
Once Daily Dosing, for Medications
Recommended for Dosing Once Daily

Medication	# of scripts
VYVANSE	11,228
INTUNIV	10,900
ABILIFY	9,241
LEXAPRO	7,994
CYMBALTA	6,543
ADDERALL XR	6,343
CONCERTA	5,154
STRATTERA	4,768
ZYPREXA	3,215
FOCALIN XR	3,108
INVEGA	549

Implications:

- **Member Safety**
- **Inappropriate Utilization**
- **Avoidable spend**

Key Commitments

Putting our Members First



- Understand the complexity and sensitivity of pharmacy utilization, especially for families
- Member safety, independence and stability is paramount – taking into account a person-centered approach
- UHC will collaborate with State, Mental Health Advisory Committee and its provider partners on policy development and implementation
- UHC will collaborate with providers, prescribers, pharmacies and members to provide education on appropriate utilization and medical management

