



Revised Sexual Predator Treatment Program (SPTP)

REVISED SEXUAL PREDATOR TREATMENT PROGRAM (SPTP)

Program Changes and Enhancements

- › New 3-Tiered treatment program
- › Increased Individualization
- › Enhanced Parallel Program for individuals with developmental or other disabilities
- › Enhanced Assessments and Testing

MISSION AND VISION STATEMENT

- ▶ It is the mission of the SPTP to promote safety for the community as well as to promote the welfare of the program's residents in a manner that fosters reintegration into a safe and stable environment for all Kansans.
- ▶ It is the vision of the SPTP to provide residents with the knowledge and tools needed for their reintegration back into society and production of non-violent citizens without compromising community safety.

GUIDING PRINCIPLES

- ▶ Treatment is driven by an empirically validated, evidence-based approach with an emphasis on the change of dynamic risk factors.
- ▶ Individual treatment is driven by a comprehensive initial assessment and ongoing testing by supervised post-doctoral/interns.
- ▶ Emphasis on the assessment and treatment of deviant sexual arousal through Penile Plethysmograph (PPG) and Polygraph testing and the potential application of pharmacological and behavioral treatments.
- ▶ Renewed emphasis on training of staff relative to treatment modalities, assessments and the overall Mission of SPTP.
- ▶ Examination of caseloads to ensure optimal treatment and change.

NEW PHASES FOR SPTP PROGRAMS

- ▶ Orientation and Assessment
- ▶ Tier 1 – Skill Acquisition
- ▶ Tier 2 – Generalization
- ▶ Tier 3 – Community Reintegration
- ▶ Court Ordered Transitional Release
- ▶ Court Ordered Conditional Release

Orientation and Assessment

- ▶ All new admission will complete an initial evaluation performed will include risk assessments and Plethysmograph assessment to determine the risks and needs of the residents based on the Risk Needs Responsivity Model.
- ▶ Completion of a treatment plan and placement in treatment tracks based on the residents needs and risks.
 - ▶ Mainstream Track
 - ▶ Intellectual Disability/Learning Disorder & Neurocognitive Deficit Track
 - ▶ Treatment Resistant Track
- ▶ Residents will begin the treatment process in both group and individual therapy where they will complete their autobiography and victim sheets.

Skill Acquisition – (Tier One)

- ▶ **Tier Goal:** To provide residents with the skills to live an offense-free life through therapy, courses, and supplemental groups which focus on their individual risk and needs.
- ▶ **Treatment Overview:** The amount and type of therapy residents will receive will be individualized to residents' needs and risk. Residents will be placed in High, Medium, or Low Risk therapy groups, a Relapse Prevention group, Cognitive Behavioral Therapy (CBT) for Sexual Offenders group, and other individualized groups and courses.

Skill Demonstration (Tier Two)

- ▶ **Tier Goal:** The goal of Tier Two is to begin the process of moving from a highly structured inpatient program of treatment toward an essentially independent lifestyle.
- ▶ **Treatment Overview:** Residents will participate in the Good Lives Model and Self-Regulation group as well as a therapy group to discuss risk factors, sexual thoughts, and update their relapse prevention plans based on experiences during the supervised outings into the community.
- ▶ **Community Outings:** Residents will be re-introduced and acclimated to the real world through a graduated series of individualized and escorted outings where residents will demonstrate the ability to make appropriate decisions within the community.

Community Reintegration – (Tier Three)

- ▶ **Tier Goal:** Tier Three provides a safe way for residents to demonstrate their ability to translate the principles of offense-free behavior they have learned at LSH to a real world environment and assist residents in becoming self-sufficient when they apply for Transitional Release.
- ▶ **Treatment Overview:** Residents continue treatment and community reintegration by establishing employment, viable means of transportation, financial stability, and approved support network
- ▶ **Reintegration Facility:** Residents moved to one of the Reintegration Facilities at Larned, Osawatomie, or Parsons to offer residents a safe, step-by-step way of moving into an outpatient mode of functioning.
- ▶ **Progress to Transitional Release:** Successful Tier Three residents are recommended to the Court for Transitional Release by the SPTP.

Transitional and Conditional Release

Transitional Release

- ▶ Court ordered.
- ▶ Residents reside at a Reintegration Facility.
- ▶ Residents look for long-term housing, continue therapy, and complete an approved Conditional Release Plan.
- ▶ SPTP may recommend successful candidates to the Court for movement into Conditional release.

Conditional Release

- ▶ Court ordered.
- ▶ Residents are discharged from the SPTP and live in the community while under court supervision for a minimum of 5 years.

