



**House Health and Human Services Committee
April 2, 2013**

***Future Opportunities for
Rainbow Mental Health Facility (RMHF)***

Presented by:
Shawn Sullivan, Secretary
Kansas Department for Aging and Disability Services

Rainbow Mental Health Facility

- Rainbow Mental Health Facility (RMHF) provides inpatient psychiatric care to adults from Wyandotte and seven other counties served by three Community Mental Health Centers (CMHCs).
- Administration is shared with Osawatomie State Hospital (OSH)



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Rainbow Mental Health Facility

Renovation project status update:

- In September, 2011--deficiencies found in building
- November, 2011-30 patient beds were moved to OSH during renovation.
 - 6 patient beds were maintained on site.
- April/May, 2013—plans sent out for bid.
- Project is projected to be completed by **April, 2014** at an estimated cost of \$1.5 million.

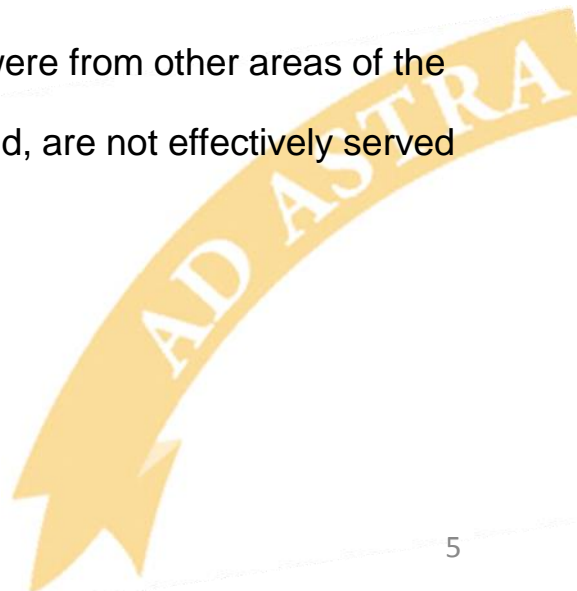


Why Consider Changing the Plan?

- Hospital/Home Planning Team
- Governor's Mental Health Initiative
- Hospital Operational Assessments
- Assessment of situation with Wyandotte County and Johnson County Law Enforcement and Mental Health Professionals

Hospital/Home Team Findings and Recommendations

- Variations in state hospital admission rates across the state which have resulted in the state mental health hospitals (SMHH) serving persons with a wide variety of needs beyond just their mental illness.
 - Variations require the SMHH to provide broad social safety net services.
 - In addition to providing inpatient mental health treatment, SMHH serve persons:
 - Who could be effectively served in local, private inpatient settings if they were available;
 - Experiencing severe maladaptive behaviors not directly related to mental illness such as persons who are frail elderly, persons with a developmental disability, persons with a traumatic brain injury, etc.;
 - Needing primarily inpatient substance abuse treatment;
 - Who would be served in community based services if they were from other areas of the state; and
 - Who, due primarily to being homeless or precariously housed, are not effectively served in the community.
- **Recommendations include:**
 - developing community crisis stabilization beds
 - regional inpatient beds
 - social detox beds
 - outpatient hospital crisis stabilization.



Governor's Mental Health Initiative

- Services possibly to be provided at RMHF will assist the following populations being supported through the Governor's Mental Health Initiative:
 - Adults with frequent inpatient admissions
 - Adults with a mental illness leaving Department of Corrections or youth detention
 - Adults with a mental illness who have frequent contact with law enforcement and judicial system
 - Adults with dual or co-occurring diagnosis

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Potential Savings

- **RMHF budget in FY'15: \$8,045,672**
- **Cost of 30 bed unit at OSH: \$3,856,843**
- **Cost of 6 bed Crisis Unit at RMHF: \$657,000 to \$1,204,500**
- **Savings associated with retaining 30 bed unit at OSH and retaining 6 crisis beds at RMHF: \$2.984 million to \$3.531 million**



Possible services that could be provided at RMHF

- **Crisis Residential**-- Provide safety, stabilize the situation, and avert the need for more restrictive services.
- **Social Detox**--Social detoxification treatment is typically short term (less than 7 days) and provides 24-hour supervision, observation and support for individuals who are intoxicated or experiencing withdrawal from other drugs.
- **Out Patient Hospital Crisis Stabilization**-- Avert inpatient hospitalization while still providing needed supports and services. This service avoids the need to meet inpatient standards and does not require licensed inpatient psychiatric unit.
- **Acute Medical Detox**--Acute detoxification treatment provides care to those individuals whose withdrawal signs and symptoms are sufficiently severe to require primary medical and nursing care services.
- **Inpatient Crisis Stabilization**— short-term inpatient services (2-3 days) for the purpose of symptom stabilization and referral to either longer term inpatient or community services
- **Regional Inpatient**— short term inpatient hospitalization (5-10 days)

The Options

- 1) State continue to operate RMHF and proceed as originally planned.
- 2) State continue to operate RMHF and repurpose the offered services.
- 3) Lease the building to another entity that would be required to follow State requirements.
- 4) Sell the building and add additional services in other places throughout Wyandotte/Johnson counties.
- 5) A public/private partnership

***Options 2-5 would keep the Rainbow beds moved to OSH in November 2011 at OSH for the long-term. This would allow the state to keep the number of Inpatient Psychiatric beds the same.*

Plan & Time-line

- **April 9, 2013**-Workgroup meets to discuss community MH needs.
- **April 11, 2013**-Hospital and Home group meets to discuss recommendations for state-wide MH system.
- **Late April, 2013**-Workgroup meets to determine what should be included in Request For Proposal (RFP)
- **May, 2013**-RFP released
- **July, 2013**—Deadline for RFP proposals

****This time-line only puts off construction by 2-3 months****

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