

HOUSE RESOLUTION No. 6025

A RESOLUTION recognizing February 5, 2026, as Wear Red Day in the Kansas legislature and the importance of the ongoing fight against cardiovascular disease among women.

WHEREAS, Wear Red Day is celebrated nationally each year on the first Friday in February to raise awareness and bring greater attention to heart disease as a leading and preventable cause of death among women; and

WHEREAS, Cardiovascular disease is the number one killer among women in the United States, causing 1 in 3 deaths each year; and

WHEREAS, Heart disease and stroke can affect women at any age, and losing even one woman to cardiovascular disease is one too many; and

WHEREAS, According to the American Heart Association, as much as 80% of heart disease and stroke is preventable, which makes awareness, education and research imperative; and

WHEREAS, Since its founding, women have been the backbone of the United States, carrying our nation forward with their strength, be it in the home, in the workplace or in schools and universities; and

WHEREAS, Today, women tirelessly carry the magnified burden of responsibilities of the home and the rest of our nation; and

WHEREAS, While their noble sacrifice helps the nation as a whole, this increases the chances of heart disease among the very people who nurture and support our society; and

WHEREAS, Our nation wears red on the first Friday of February to raise awareness about cardiovascular disease and help save lives by spreading the good news that most cardiovascular deaths can be prevented by a tobacco-free lifestyle, healthy eating and exercise; and

WHEREAS, The Kansas Legislature wears red on the First Thursday of February for the same reason, in solidarity with the rest of our nation: Now, therefore,

*Be it resolved by the House of Representatives of the State of Kansas:* That the first Thursday in February shall be known as "Wear Red Day" in the Kansas Legislature to recognize the importance of the ongoing fight against heart disease and stroke among women.

House Resolution No.6025 as sponsored by Representative Barbara Wasinger

I hereby certify that the above RESOLUTION originated in the HOUSE, and was adopted by that body

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*Speaker of the House.*

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*Chief Clerk of the House.*