Kansas Department of Health and Environment

Kansas Medicaid DUR Board
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Senate Public Health and Welfare
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Our Mission: To protect and improve the health and environment of all Kansans.

Drug Utilization Review (DUR)

- OBRA ‘90 legislation required State Medicaid programs to establish ‘Drug Use Review’ programs

- Tasked State Medicaid programs with ensuring that prescriptions are:
  - Appropriate
  - Medically necessary
  - Not likely to result in adverse medical results

OBRA ‘90 DUR Components

- Program shall be designed to educate physicians and pharmacists:
  - to identify and reduce the frequency of patterns of fraud, abuse, gross overuse, or inappropriate or medically unnecessary care
  - to identify and reduce potential and actual severe adverse reactions to drugs

OBRA ‘90 DUR Components

- Potential components of drug education/review:
  - Therapeutic appropriateness
  - Overutilization and underutilization
  - Appropriate use of generic products
  - Therapeutic duplication
  - Drug-disease contraindications
  - Drug-drug interactions
  - Incorrect drug dosage
  - Duration of drug treatment
  - Drug-allergy interactions
  - Clinical abuse/misuse

DUR Activities

- ProDUR
  - Prior to drug dispensing
  - Review of potential therapy problems
  - Compendia and literature as source for standards
  - Prior Authorization (PA) Criteria as approved by DUR Board
- RetroDUR
  - After drug dispensing
  - Review of claims data for issues in drug regimens/prescribing practices
  - Must provide active and ongoing educational outreach programs
  - Academic detailing

DUR Board

- OBRA ‘90 also mandated that states establish DUR Boards
- Board tasked with developing ProDUR standards, guiding RetroDUR, and advising state Medicaid programs on clinical issues
- Requires that board be at least 1/3 (but no more than 51%) physicians and at least 1/3 pharmacists

In Kansas…

- DUR Board comprised of 4 physicians, 4 pharmacists, and a mid-level practitioner
- Quarterly meetings on 2nd Wednesday of January, April, July, & October
- Sub-Contract through HP with Health Information Design, Inc. (HID) for RetroDUR and meeting management
- Emergency meetings can be called

Kansas DUR Statutes

- K.A.R. 39-7,118 defines role of DUR Board in Kansas

- K.A.R. 39-7,119 outlines board membership requirements
  - Current composition rules outline specific details for each board position, and lists the parties responsible for nominating practitioners for each position
    - i.e. pharmacist who performs services for an adult care home, as nominated by the board of pharmacy

KanCare DUR

- MCOs are required to work through the state's DUR Board for PA criteria approvals/revisions

- Prior to each DUR meeting, state and MCOs collaborate to develop criteria that is amenable to all parties
  - PA criteria is then consistent for the patients covered by fee-for-service or any of the 3 MCOs

- MCOs individually responsible for RetroDUR, but report to the state's DUR Board annually

PA Criteria Sample

APPROVED Prior Authorization Criteria

Initial Approval: July 8, 2009
Revised Date: October 9, 2013

CRITERIA FOR PRIOR AUTHORIZATION

Central Nervous System Depressant

PROVIDER GROUP Pharmacy

MANUAL GUIDELINES The following drug requires prior authorization:
Sodium Oxybate (Xyrem®)

CRITERIA FOR XYREM Must meet all of the following:

- Patient must have one of the following diagnoses:
  - Cataplexy in narcolepsy
  - Excessive daytime sleepiness in narcolepsy
- Patient must be enrolled in the Xyrem Success Program
- Prescriber must be enrolled in the Xyrem Success Program
- Patient must not be taking a sedative hypnotic agent concurrently
- Patient must not have an existing diagnosis of succinic semialdehyde dehydrogenase deficiency
- Patient must be 18 years of age or older

RENEWAL CRITERIA FOR XYREM Must meet the following:

- Patient must not be taking a sedative hypnotic agent concurrently

LENGTH OF APPROVAL 3 months

Questions

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