

Improving Adherence:

Patients like and want medication synchronization (when they know about it)

// PROBLEM=MEDICATION NON-ADHERENCE //



Non-Adherence: (noun) :
Not taking medications
as prescribed

\$290 billion
COST IN AMERICA*



2014 National Report
Card on Adherence=B-**

Non-adherent Behaviors**

- 1 in 2 missed a dose
- 1 in 3 forgot if they took the med
- 1 in 4 did not get refill on time
- 1 in 4 didn't start a new Rx at all

// COMMUNITY PHARMACISTS OFFER A SOLUTION //

Medication Synchronization (Med Sync): All Of A Patient's Medications Refilled At Once

DAY 1

Enrollment
Patient opts-in
to program

DAY 20-23

Check-in call from
pharmacy (make sure
there are no Rx changes)

DAY 28-29

Rx Pick Up
Reminder

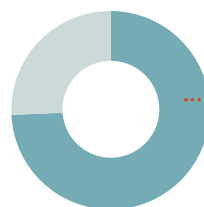
DAY 30

Appointment Date
Rx Pick Up and option
for appt with pharmacist



Benefits to patient

- ☐ Never run out of medication
- ☐ Single trip to the pharmacy each month
- ☐ Improved adherence
- ☐ Help managing prescriptions



**PATIENTS IN A MED SYNC PROGRAM
ARE 32% MORE ADHERENT*****

83% of those in a med
sync program find it helpful in
managing their prescriptions,**

yet...



3 in 4 who have trouble managing Rx's
are NOT enrolled in a program**

After an explanation,
FIFTY PERCENT
are interested in med sync**



40% are unaware of
med sync programs**

89%

Synchronized
Medications

57%

Non-Synchronization
Medications

% of the patients Rx's that are adhered to

References:

* "Thinking Outside The Pillbox: A System-wide Approach to Improving Patient Adherence for Chronic Disease." NEHI. 2009.

** Based on a 2014 survey of 1,012 Americans 40 years and older on chronic medications. The National Community Pharmacists Association, "National Adherence Survey: The Promise and Prospects of Medication Synchronization." For full report, visit ncpanet.org/medsync.

*** "Assessing the Impact of a Community Pharmacy-Based Medication Synchronization Program On Adherence Rates." NCPA. 2014.