

APRNs: Advanced Practice *Registered Nurses* Caring for Kansans

March 3, 2016
Topeka, KS



APRN ROLES

Merilyn Douglas – APRN
***Nurse Practitioner – Family- Certified
Rural Practice, Garden City***



APRN ROLES (Number in Kansas)

- Certified Nurse Midwife-CNM (95)
- Nurse Practitioner-NP (2886)
- Certified Registered Nurse Anesthetist-CRNA (984)
- Clinical Nurse Specialist-CNS (579)



APRNs: Safe, Cost Effective, High Quality Care



- *“The research literature shows, without exception, that within their areas of training and experience,*
 - **APRNs provide safe and effective care**
- In addition studies have shown that
 - **APRNs have high patient satisfaction**

Physician Foundation Report – 2012 and
Federal Trade Commission | March 2014
Citizen Advocacy Center (CAC)

APRNs: Safe, Cost Effective, High Quality Care



- *The research literature shows, without exception, that within their areas of training and experience:*
 - **APRN practice outcomes are equivalent to Physicians**
 - **APRN-provided care is less expensive to society than the equivalent physician-provided care**

Duke Study: Economic Benefits of Less Restrictive
Regulation of Advanced Practice Registered, 2015

Rural Health Practice- New Model NP directed care-lower cost



Preventive Healthcare



Delivered by Nurse
Practitioners

RHS' program is delivered by highly experienced
and talented Advanced Practice Registered Nurses.

Rural Health Needs:



- ...rely more heavily on non-physician providers, nurse practitioners and physician assistants

WWAMI Rural Health Research Center



- Rural & Underserved
 - benefit from improved access to APRNs with **less restrictive scopes of practice.**

CITIZEN ADVOCACY CENTER

APRN Education



Monica Scheibmeir
DEAN School of NURSING
Washburn University
Family Nurse Practitioner



Kansas: APRN Programs



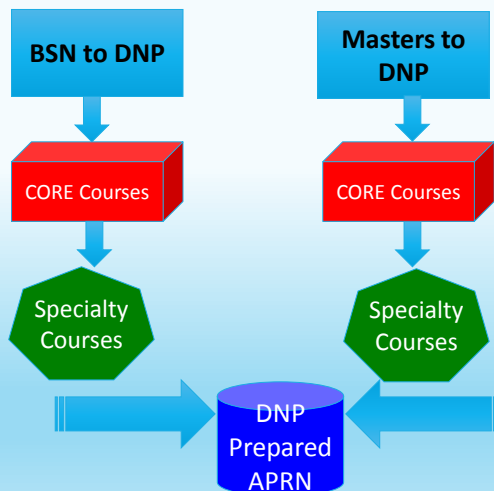
Specialized Areas of Study:

- Family NP
- Adult/Geriatric NP
- Psychiatric Mental Health NP
- Adult/Geriatric CNS
- Certified Nurse Midwife
- Nurse Anesthetist

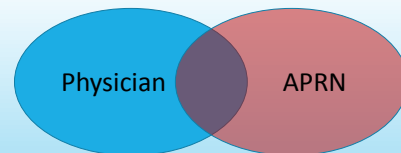


APRN Education Timeline

- Completes a BSN degree in nursing
- Works in the role of the Register Nurse
 - On average over 6000 hrs. of RN work experience
- Admission Requirements
 - 3.0 or above grade point average - similar to Medical School
- Graduate Programs
 - Core graduate content
 - advanced pharmacology, health assessment, & pathophysiology
 - Clinical Courses
 - Clinical Training



- If the only measuring rod were who has attended school the longest, physicians would always be the practitioners who have to do everything,
- more education is not necessarily synonymous with superior quality.
- **Physicians attend school longer ..because of their all-inclusive scope of practice.**
- **Non-physician practitioners concentrate their training on more limited, specialized skills and procedures.**



APRN & Physician:
Education/Practice

CITIZEN ADVOCACY CENTER

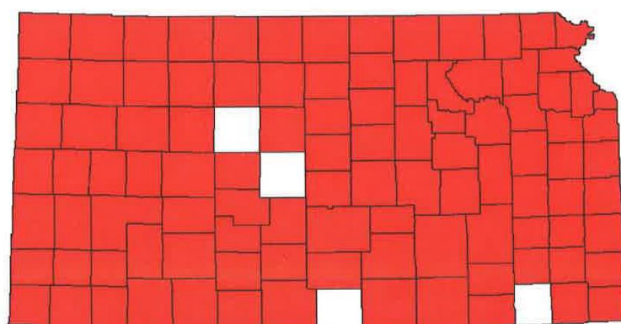




APRNs- Increasing Access Safe, Cost Effective, High Quality Care

Michelle Knowles– APRN
***Nurse Practitioner – Family- Certified
Rural Practice, Ft. Hays***

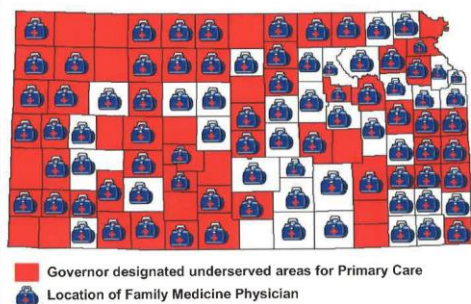
Primary Care Underserved Areas in Kansas



Access
a problem

Physician Shortage

Primary Care Underserved Areas in Kansas



Helping – but **not enough**:
KS Bridging Plan (KBP)

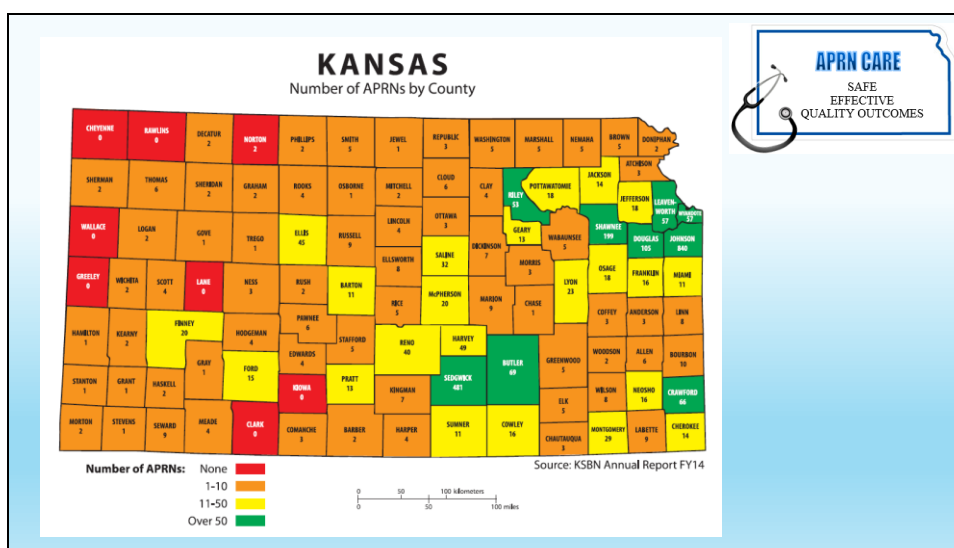
313 MDs since 1991 to 2015=
13 Per yr.

84% remain in KS = 262 =
11 per year

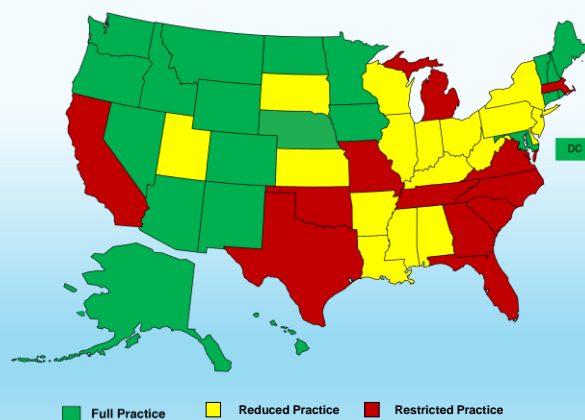
Physician Shortage- Kansas

- NET loss of 161 primary care physicians from underserved areas: 2014
- NET loss of 324 physicians from underserved areas: 2010 to 2014

KDHE Primary Care HPSA Reports



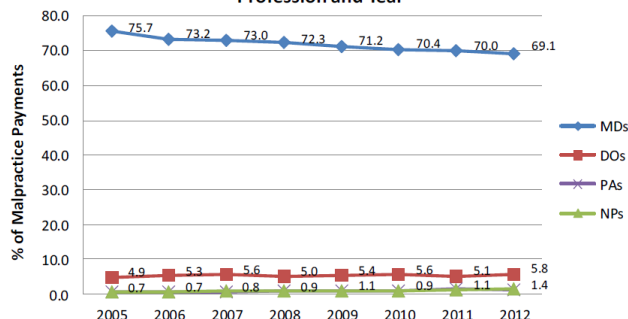
2015 Nurse Practitioner State Practice Environment



APRN Practice: Safe, Cost Effective, High Quality Care



Figure 1: Distribution of Malpractice Payments by Profession and Year



Only 1 in 1,000 nurse practitioners made a malpractice payment in 2012.

INCREASED Workforce Decreased Regulation



- Arizona –
 - 52% increase in APRNs moving to state over 5 years
- Nevada –
 - 30% increase in APRNs moving to state over 2 years
- Large APRNs increase in RURAL areas for Both States

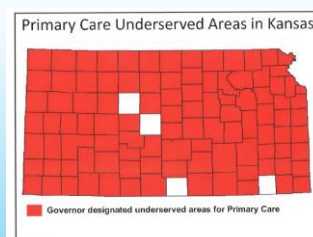


Access a problem



Kansans:

- 20% report no health care provider
- 40% children no medical home

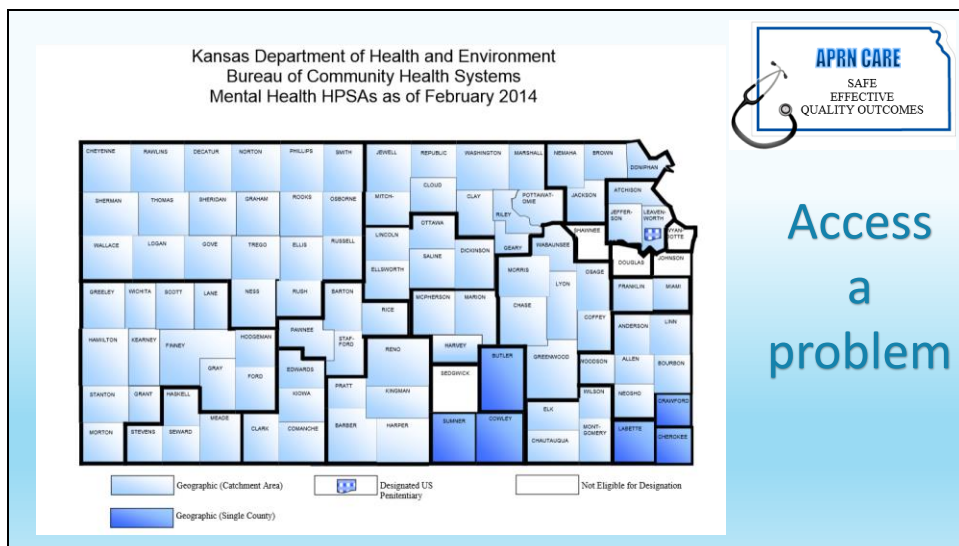




Mental Health Needs

Michael Southern – APRN

***Nurse Practitioner
Psychiatric/Mental Health- Certified
Rural Practice, South West Kansas (Garden City)***



Access Problems: Who will care for the patient?

- **APRN cannot practice-**
 - No physicians to collaborate with:
none available, retired, death
- **APRN cannot practice-**
 - Costly collaborative agreement
- **APRN cannot practice-**
 - Some MDs refuse to sign
collaborative agreement for fear of
lawsuits



**APRNs
moving?**



Access Problems



Restrictive Physician Supervision
Requirements Exacerbate Well-Documented
Provider Shortages

Federal Trade Commission | March 2014

NEED FOR FAIR COMPETITION

- ...view **competition and consumer safety**
as complementary objectives
- FTC notes the potential ***benefits of
improved competition*** in the provision of
primary health care services



Federal Trade Commission | March 2014

NEED FOR FAIR COMPETITION



“Based on our [FTC] extensive knowledge of health care markets, economic principles, and competition theory, the FTC staff reach the same **conclusion:**

expanded APRN scope of practice is good for competition and American [Kansas] consumers.”

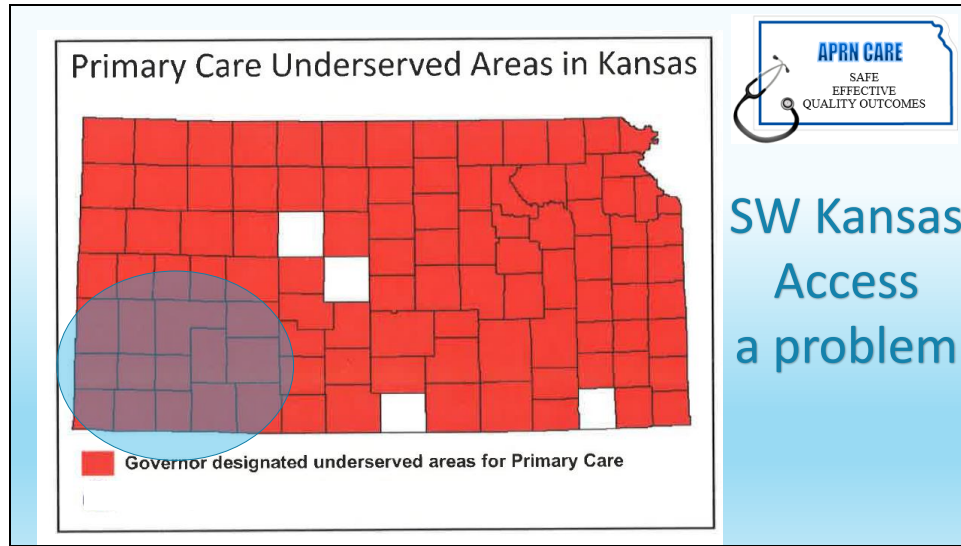
Federal Trade Commission | March 2014

Rural Health Needs

Jayne Applebee– APRN

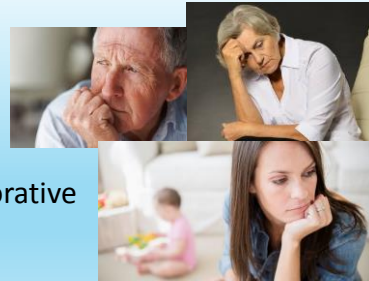
***Nurse Practitioner
Family - Certified
Rural Practice, South West Kansas - Liberal***





Access Problems: Who will care for the patient?

- **APRN cannot practice-**
 - No physicians to collaborate with: none available, retired, death
- **APRN cannot practice-**
 - Costly collaborative agreement
- **APRN cannot practice-**
 - Some MDs refuse to sign collaborative agreement for fear of lawsuits



Increased Access needed:

...APRNs might help to alleviate health care access problems *if undue regulatory burdens were reduced.*

Federal Trade Commission | March 2014



APRN - Business Owners

Karen K. Trees– APRN

Nurse Midwife & Nurse Practitioner –

Family, Women's Health, Lactation & Midwifery- Certified

Dana Hanson – APRN

Nurse Practitioner, Family- Certified

Urban Health Care Needs



- Comprehensive
- Patient centered
- Focused on patient's needs
- Caring for family, women's health, and community urgent care needs



Comments from a Consumer

Betty Smith Campbell

Patient of an NP

Excessive Regulations



- Limits Choice
 - APRN/NP often not listed as a provider in physician practice
- Costly
 - Have to see physician first
 - Unnecessary repetition of orders, office visits and services
- Loss of APRN – No Care

Excessive Regulations- Costly



Americans [Kansans] are paying an unnecessarily high price for a system that denies direct access to the cost-effective provider of many basic health services.

Jeffrey C. Bauer, PhD,
Internationally recognized medical economist &
health futurist



Patient Choice



- **67% of likely U.S. voters favor** use of nurse practitioners
- **voters think Nurse Practitioners provide quality care**

Rasmussen Report: national telephone survey

Patient Choice



- envisions a health care system where all Americans have access to high-quality care, with **nurses contributing to the full extent of their capabilities**

AARP and Robert Wood Foundation

- *the **presence of consumer voices** like those represented by AARP helps these [APRN] coalitions to make the case **that they [APRNs] truly are acting in the public interest***

Physician Foundation Report – 2012

Patient Choice – Decrease Cost



- ... Physicians “often do **have a financial stake** in these scope of practice conflicts—a reality that almost all of the physicians and medical society executives we interviewed acknowledged”
- ... **non-physician providers offer a way for physician practices to increase patient volume (and revenues)**
- *As one **physician stated non-physicians “provide a turbo boost to their practice’s bottom line.”***

Physician Foundation Report – 2012

Patient/Public Interest

AMA [KMS] policies **are designed to protect the interests of physicians, not to benefit the public**

AMA [KMS] policies **are not appropriate to use** for proposed expansions of scopes of practice

Regulation changes should be unbiased, comprehensive & focused on the interests of consumers and the public.



CITIZEN ADVOCACY CENTER

Full Practice Authority



- Improves Access
- Streamlines & Makes Care more Efficient
- Decreases Costs
- Protects Patient Choice

Full Practice Authority

APRN: Safe, Cost Effective, High Quality Care



- Research verifies there is **no claim:**
- **that independent APRN practice gives rise to significant safety concerns, or**
- **the claim that mandatory supervision requirements redress such concerns**

Federal Trade Commission | March 2014

Safe, Cost Effective, High Quality Care



APRNs
Ready to Increase
Access to Healthcare in Kansas