

# **House Health & Human Services Informational Hearing on Family Medicine**

**Wednesday, January 27, 2016**

**1:30 – 3:00 pm in Capitol Room #546-S**

## **Additional Resources**



**KANSAS ACADEMY OF  
FAMILY PHYSICIANS**  
**CARING FOR KANSANS**

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The following pages offer descriptions of these additional resources:

- Scholars in Rural Health
- Kansas Medical Student Loan Program
- Kansas Bridging Plan
- Kansas Recruitment and Retention Center
- Kansas Locum Tenens
- Kansas State Loan Repayment Program
- Authorization for Collaborative Practice

Note: this is not meant to be a complete or exhaustive list.

# SCHOLARS IN RURAL HEALTH

## Preparing Tomorrow's Doctors for Success

The Scholars in Rural Health program is designed to identify and encourage undergraduate students from rural Kansas who are interested in building successful careers as physicians in rural areas. Students apply for the program in the second semester of their sophomore year in college.

The program provides assured admission to the University of Kansas School of Medicine for selected students upon successful completion of program requirements and graduation from their undergraduate institution.

## PROGRAM ACTIVITIES

Students in the Scholars in Rural Health program discover the rewards and challenges of rural practice as they prepare for entry into medical school.

The program exposes students to the variety of health care services in rural areas, including hospital and office practice. During the junior and senior undergraduate years, scholars learn at the side of an assigned mentor in the region of his or her home community. A total of 200 hours will be accumulated during the four semesters and one summer. Scholars also complete four patient case reports, one each semester.

Additionally, scholars attend an initial orientation in Salina and a meeting at the end of each spring semester in Wichita. During the senior year, scholars complete a manuscript reviewing a topic related to rural health service or clinical care.



## SELECTION PROCESS

Students submit application materials to the School of Medicine by June 10. Suitable candidates are invited for interviews in July. Candidates are selected for the program by August 1 each year.

## PROGRAM REQUIREMENTS

Once accepted into the program, students must meet the following requirements for assured admission:

- Degree from an accredited college or university
- Fulfillment of KU School of Medicine prerequisites
- College GPA greater than or equal to 3.50
- GPA in a premedical science curriculum greater than or equal to 3.50
- Participation in programs designated by the School of Medicine which may include activities on the undergraduate campus
- A satisfactory score on the MCAT examination

## ADDITIONAL ADVANTAGES

Participants in the Scholars in Rural Health program receive priority consideration for the Kansas Medical Student Loan program, which provides tuition and living expenses for 120 students each year. Loan recipients agree to enter an approved primary care residency and work in a medically underserved area of Kansas.

## APPLICATION INFORMATION

Visit <http://www.kumc.edu/x2464.xml> for details on applying for the Scholars in Rural Health Program.

# THE KANSAS MEDICAL STUDENT LOAN PROGRAM

The Kansas Medical Student Loan Program (KMSL) was established by the State of Kansas to encourage students attending the University of Kansas School of Medicine to practice primary care medicine in areas of need in the State of Kansas. The KMSL assists students with costs associated with attending the University of Kansas School of Medicine.

The KMSL is awarded annually, effective for an academic year. The KMSL provides payment of tuition and living expenses of up to \$2000 a month. Nine (9) monthly stipends are allocated for the 1<sup>st</sup> and 2<sup>nd</sup> years, eleven (11) monthly stipends for the 3<sup>rd</sup> years and ten (10) monthly stipends for the 4<sup>th</sup> year of enrollment at KUMC.

## ELIGIBILITY AND APPLICATION REQUIREMENTS

Students admitted to the University of Kansas School of Medicine in a course of instruction leading to the degree of Doctor of Medicine, are eligible to apply for a Kansas Medical Student Loan. Priority consideration will be given to Kansas residents from rural counties that demonstrate financial need and are in good academic standing.

Students applying for the KMSL for the first time must file the Free Application for Federal Student Aid (FAFSA) in addition to the Kansas Medical Student Loan Program application. The KMSL application is available in the Student Financial Aid Office, and the FAFSA can be completed at [www.fafsa.gov](http://www.fafsa.gov).

Students selected for the KMSL will sign loan agreements and promissory notes. Once the paperwork has been completed, arrangements will be made for the payment of tuition and appropriate stipends.

Currently enrolled KMSL recipients are not required to file the Free Application for Federal Student Aid (FAFSA) and will automatically be awarded KMSL funds upon reapplication.

## LOAN OBLIGATIONS

To be a recipient of the Kansas Medical Student Loan Program, you must enter into an agreement with the University of Kansas School of Medicine. In return for the Kansas Medical Student Loan support, you must:

1. complete the required course of instruction and receive the degree of Doctor of Medicine;
2. apply for and obtain a license to practice medicine in Kansas;
3. enter a primary care residency (family practice, general internal medicine, general pediatrics, and emergency medicine) upon graduation. Once your residency is completed, you must do one of the following:
  - engage in full-time medical practice for a period of twelve months for each year the KMSL was received, in a Kansas city excluding those cities in Douglas, Johnson, Shawnee and Sedgwick counties; or
  - Commencing the full-time practice of medicine and surgery within nine months after completion of the aforesaid approved post-graduate residency training program and licensure in any state medical care facility or institution as defined by K.S.A. 76-381 (d), or
  - Commencing the full-time practice of medicine and surgery within nine months after completion of the aforesaid post-graduate residency training program and licensure in any medical center in Kansas operated by the Veterans' Administration of the United States; or
  - Commencing as a full-time faculty member of the University of Kansas School of Medicine in family medicine, family practice, general internal medicine, or general pediatrics within nine months after completion of the aforesaid post-graduate residency training program and licensure; or
  - perform at least 100 hours per month of on-site primary care medical service (defined as general pediatrics, general internal medicine or family practice) in a clinic operated by a local health department or other non-profit organization in this state which is organized for the principal purpose of service to medically indigent persons

## FULL TIME EMPLOYMENT

For the purposes of the Kansas Medical Student Loan Program, doctors must work an average of at least 45 hours per week. Emergency medicine doctors must work an average of at least 36 hours per week.

## MEDICAL FELLOWSHIPS

In 2009, the Kansas state legislature added the option for doctors to complete a fellowship in geriatric medicine and remain in compliance with the KMSL obligations. Doctors who elect to enter and complete a geriatric medical fellowship after completing an approved residency, and who establish a full-time practice in an acceptable location within 9 months of the completion of the geriatric medical fellowship are in compliance, and no repayment is required.

## SATISFYING THE MEDICAL SERVICE OBLIGATION

A Kansas Medical Student Loan will be canceled:

1. if the obligation to engage in full-time medical practice has been completed as specified in the service agreement;
2. if the person obligated dies;
3. if, because of permanent physical disability, the person obligated is unable to practice medicine.

## LOAN REPAYMENT

Any person who fails to satisfy the service obligation must repay within ten (10) years to the University of Kansas School of medicine an amount equal to the sum of money received in tuition payments and living expenses plus interest at the rate of 15%, from the date such money was received, with the first installment payment commencing 6 months after the date of the action or circumstances that causes the failure of the student to satisfy the obligations of this agreement.

## SERVICE OBLIGATION POSTPONEMENT

An obligation to engage in the full-time practice of medicine in accordance with the agreement entered into for the award of a Kansas Medical Student Loan may be postponed for no more than five years for:

1. active military service;
2. service in Volunteers in Service to America (VISTA);
3. service in the Peace Corps;
4. service in the United States Public Health Service; or
5. religious missionary work.

Additionally, a KMSL service commitment may be postponed because of temporary medical disability for as long as the medical disability exists.

## RETROACTIVE KANSAS MEDICAL STUDENT LOAN

Depending on availability, the Kansas Medical Student Loan can be awarded retroactively. Students who did not take out the KMSL when they first enrolled as a medical student may be eligible to receive it in later years, for up to the full amount that would have been received if it had been offered as an incoming student. For each Retro KMSL contract a student receives, one year of obligation will be required. For more details on the obligation and to obtain a Retro KMSL application, please contact the Student Financial Aid Office.

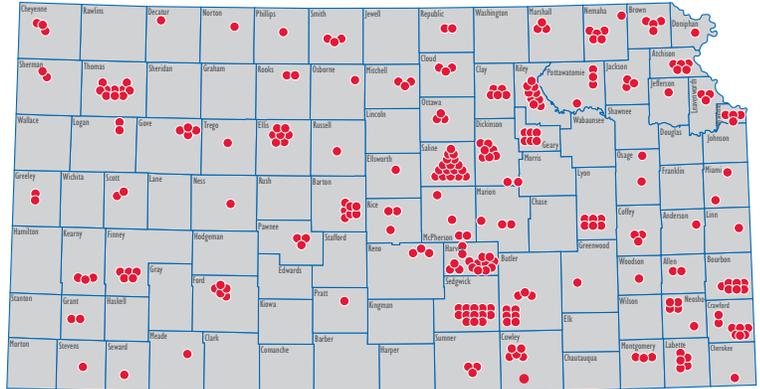
Recipients of the Retro KMSL will be expected to use Retro KMSL funds to repay student loans borrowed while in medical school. Any funds remaining after your medical student loan debt has been repaid can be used for other school related expenses.

# KANSAS BRIDGING PLAN

The Kansas Bridging Plan (KBP), the State's loan forgiveness program, was established in 1991 and designed to encourage primary care physicians to practice in rural Kansas upon completion of residency training.

## HIGHLIGHTS

- KBP offers up to a \$26,000 financial incentive. The State of Kansas provides up to \$10,000 for a 36-month commitment from the physician to practice in a rural community. The community/ employer is asked to match the \$10,000 provided by the State as well as a \$6,000 sign-on bonus.
- University of Kansas resident physicians in Family Medicine, Internal Medicine, Pediatrics and Medicine/Pediatrics are eligible to apply.
- Any health care organization in Kansas except those in Douglas, Johnson, Sedgwick, Shawnee and Wyandotte counties is eligible to participate in KBP.
- Rural Health Education and Services assists resident physicians who are enrolled in the program in finding a rural practice site.
- KBP participants may also fulfill their obligation by becoming University of Kansas School Of Medicine faculty; however, the obligation is increased from 36-months to 72-months.
- There are currently 14 KBP slots available each year.



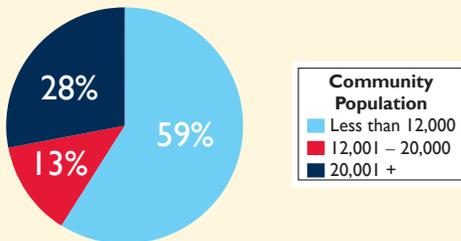
● KBP physicians have selected 85 communities in 71 Kansas counties as original practice sites.

## IMPACT

- Since its inception, 313 resident physicians have enrolled in KBP. Family Medicine physicians represent 78% (245) of the total enrollment. The default rate remains low at 11%.

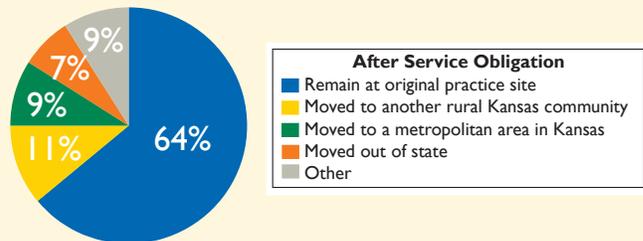
### Community Selection Original Practice Sites

In total, 72% of KBP physicians have practiced medicine in communities with populations less than 20,000.



### Completed Service Current Locations

In total, 84% of KBP physicians who have completed their service obligations are currently practicing in a Kansas community.



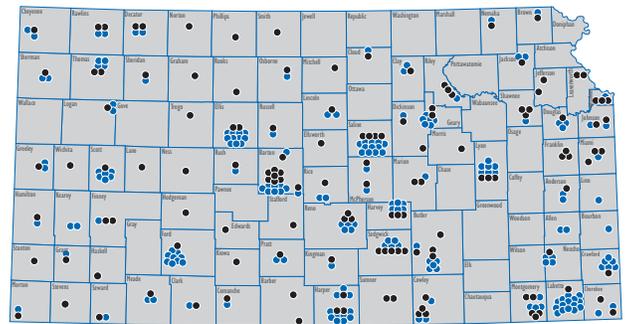
Rural Health Education and Services partners with health care providers, rural and underserved employers, and state stakeholders to advance Kansas' health care workforce through recruitment, retention, education and research to ensure that every Kansan has access to quality health care.

# KANSAS RECRUITMENT AND RETENTION CENTER

The Kansas Recruitment and Retention Center (KRRC), a statewide program, addresses the need for physicians and other health care providers in rural Kansas communities by providing comprehensive recruitment and retention services.

## HIGHLIGHTS

- KRRC utilizes strategic industry marketing as well as proven recruitment methods to source physicians as well as other health care providers and assist candidates in finding the right practice opportunity in Kansas.
- KRRC works with hospitals, private physician practices, community health centers and other organizations that are recruiting physicians, dentists, physician assistants, nurse practitioners, nurses, dental hygienists and allied health care professionals.
- KRRC provides specialized candidate prescreening, referral, and consultation based on the unique recruitment needs of the community and health care organization. While KRRC's focus is rural Kansas, services are available to all Kansas communities.
- KRRC works with health care programs throughout Kansas to retain Kansas-trained providers in the state. In addition, regional and nationwide efforts are employed to recruit into Kansas.
- In partnership with the Office of Local and Rural Health, KRRC serves as the Kansas member to 3RNet, the National Rural Recruitment and Retention Network.
- In an effort to bring rural Kansas health care employers together with health care students as well as resident physicians, an annual career fair, Kansas Career Opportunities (KCO), is held each Fall on both the KC and Wichita campuses.

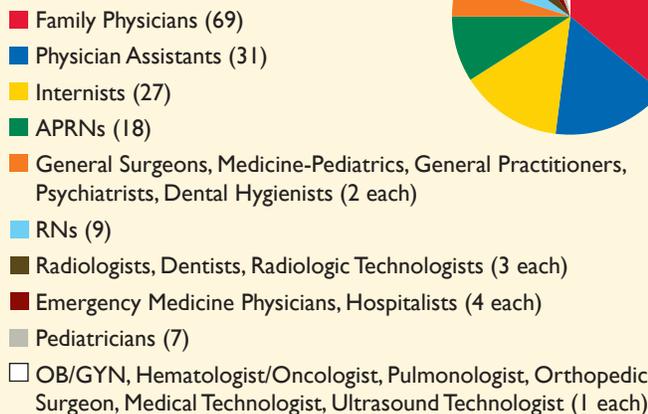


● KRRC Clients      ● KRRC Placements

## IMPACT

### KRRC Placements

**194 candidates placed in 70 rural or urban underserved communities.**



- Demographically, 13 of the placed physicians required J1 waiver sponsorship and 5 physicians held an H-1B Visa. Academically, 70 of the placed physicians attended KU School of Medicine and 54 attended a KU residency program. Of those physicians, 44 attended both medical school and residency in Kansas. Of the non-physician placements, 50 providers received higher education in Kansas.
- Currently, KRRC serves approximately 80 health care organizations, representing approximately 225 available positions. In addition, KRRC is currently assisting over 750 candidates seeking a practice opportunity.
- KRRC provides workshops, webinars, and educational materials on best practices for recruitment and retention to Kansas health care employers. In addition, materials have been created to assist health care providers throughout their job search.

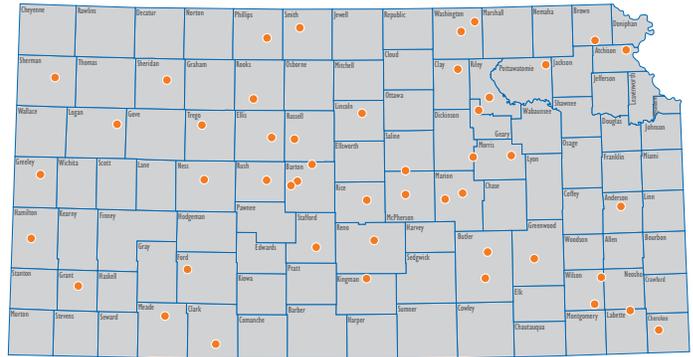
Rural Health Education and Services partners with health care providers, rural and underserved employers, and state stakeholders to advance Kansas' health care workforce through recruitment, retention, education and research to ensure that every Kansan has access to quality health care.

# KANSAS LOCUM TENENS

Kansas Locum Tenens (KLT) is a temporary coverage program designed to support the recruitment and retention of primary care physicians in rural Kansas. This program allows primary care residents to experience practicing in rural communities and may be utilized as a recruitment tool for rural health care organizations. For practicing physicians, KLT provides needed time off, creating a work-life balance, and assists with retention plan efforts.

## HIGHLIGHTS

- KLT seeks to strengthen and expand the rural components of the residency programs and the perspectives of the academic faculty. In addition, the program provides relief for rural community physicians for vacations, continuing education, and maternity/paternity leave.
- University of Kansas School of Medicine faculty and resident physicians support and encourage rural Kansas physicians to remain in practice by providing temporary coverage (typically weekend coverage) in the specialties of family medicine, general internal medicine, and pediatrics.
- KLT providers can practice within various medical environments including rural ERs, primary care clinics, and urgent care facilities.
- Physicians are paid by the health care organization based on set KLT rates.



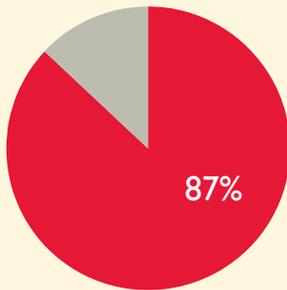
• Communities using KLT services from 2010-2015

## IMPACT

### Past 10 Years

■ 1,452 KLT Requests; 1,256 (87%) Filled

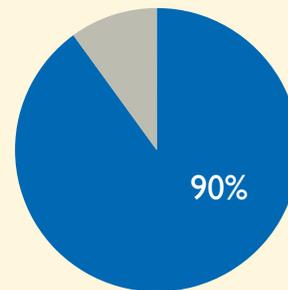
Of the 3,495.5 days of coverage requested, KLT covered 2,846 of those days (81%).



### FY15

■ 98 KLT Requests; 88 (90%) Filled

Of the 254.5 days of coverage requested, KLT covered 229 of those days (90%).



Rural Health Education and Services partners with health care providers, rural and underserved employers, and state stakeholders to advance Kansas' health care workforce through recruitment, retention, education and research to ensure that every Kansan has access to quality health care.

# KANSAS STATE LOAN REPAYMENT PROGRAM

The Kansas State Loan Repayment Program (SLRP) offers eligible health care providers an opportunity to receive assistance with the repayment of their qualifying educational loans in exchange for a minimum two-year commitment to provide health care services at an eligible practice site in a federally designated Health Professional Shortage Area (HPSA). The SLRP is jointly funded by the State of Kansas and the National Health Service Corps.

Providers must agree to work in the approved ambulatory out-patient setting for two years and will receive up to \$25,000 (physicians or dentists)/\$20,000 (all other providers) per year of service commitment. After successful completion of the initial service obligation, health care providers may apply to extend their contracts in one-year increments up to three years to continue receiving loan repayment assistance.

The SLRP awards are made annually through a competitive process. For more information about the application process please visit the SLRP webpage at [www.kdheks.gov/olrh/FundLoan.html](http://www.kdheks.gov/olrh/FundLoan.html).

## ELIGIBLE MEDICAL PROFESSIONS...

### Medical Provider

*Specialties: Family Medicine, Internal Medicine, Pediatrics, Obstetrics/Gynecology, Geriatrics, Mental Health*  
Allopathic and Osteopathic Physicians (MD, DO)  
Nurse Practitioners (NP)  
Certified Nurse Midwives (CNM)  
Physician Assistants (PA)

### Dental Provider

*Specialties: Family-General, Pediatric, Geriatric*  
Doctors of Dental Surgery (DDS)  
Doctors of Medicine in Dentistry (DMD)  
Registered Dental Hygienists (RDH)

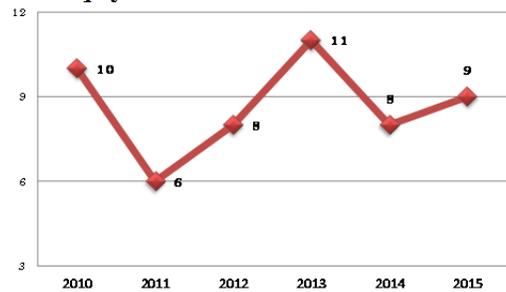
### Mental and Behavioral Health Provider

Health Service Psychologists (HSP)  
Licensed Clinical Social Workers (LCSW)  
Licensed Professional Counselors (LPC)  
Marriage and Family Therapists (MFT)  
Psychiatric Nurse Specialists (PNS)

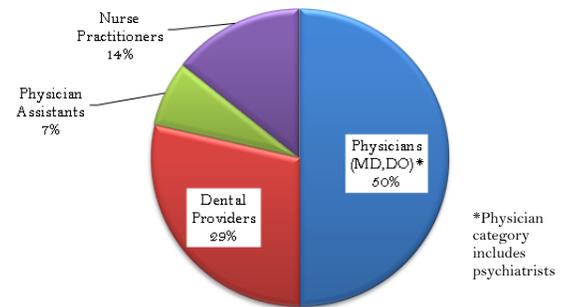
## PROVIDER & PRACTICE SITE ELIGIBILITY ...

- Provider must have a current permanent Kansas license to practice and commit to provide health care services at an ambulatory public or nonprofit private entity.
- Provider must be a U.S. citizen or national. Award preference is given to providers that are Kansas residents.
- Applicant must be employed or will be employed at an approved practice site full time within 90 days of award.
- Approved practice site must be a non-profit or public entity and located in a Kansas federally designated Health Professional Shortage Area (HPSA) in the appropriate discipline of the health care provider's licensure. Preference is given to practices sites in areas with a HPSA score of 13 or below, and to providers working in areas with a HPSA score of 14 or above who have applied for the National Health Service Corps but were not accepted.
- Practice site and provider must provide services to individuals regardless of their insurance type or ability to pay and must accept assignment under Medicare and Medicaid. Practice site and provider must charge for services at the usual and customary rates prevailing in the areas in which such services are provided. If someone is unable to pay such charge, the patient shall be charged at a discounted sliding fee or not charged any fee.
- Practice site must have a written nondiscrimination policy and provide services in a culturally and linguistically appropriate fashion responsive to the needs of the area's general population.

State Loan Repayment Contracts Awarded, 2010-2015



2014 State Loan Repayment Awardees by Discipline



Office of Primary Care and Rural Health  
1000 SW Jackson St., Suite 340  
Topeka, KS 66612-1365  
785-296-3135  
primarycare@kdheks.gov



## Authorization for Collaborative Practice

The revised APRN regulations, which become effective May 18, 2012, state that any APRN (clinical nurse specialist, nurse midwife, or nurse practitioner) who interdependently develops and manages the medical plan of care for patients or clients is required to have a signed authorization for collaborative practice with a physician who is licensed in Kansas.

60-11-101 (b) "Authorization for collaborative practice" shall mean that an APRN is authorized to develop and manage the medical plan of care for patients or clients based upon an agreement developed jointly and signed by the APRN and one or more physicians. Each APRN and physician shall jointly review the authorization for collaborative practice annually. Each authorization for collaborative practice shall include a cover page containing the names and telephone numbers of the APRN and the physician, their signatures, and the date of review by the APRN and the physician. Each authorization for collaborative practice shall be maintained in either hard copy or electronic format at the APRN's principal place of practice.

This authorization for collaborative practice shall include but is not limited to:

- 1) a cover page containing the names and telephone numbers of the APRN and the physician, their signatures, and the date of review by the APRN and the physician.
- 2) maintained in either hard copy or electronic format at the APRN's principal place of practice
- 3) if an advanced registered nurse practitioner is prescribing drugs, a written protocol that contains a precise and detailed medical plan of care for each classification of disease or injury for which the advanced registered nurse practitioner is authorized to prescribe and shall specify all drugs which may be prescribed by the advanced registered nurse practitioner. (K.S.A. 65-1130 (d))

(This could be published protocols or practice guidelines that have been reviewed and agreed upon by both the APRN and physician.)